Community Cafe

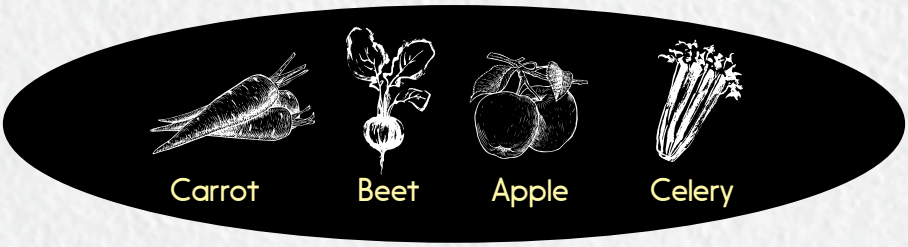
Fresh Juice Blends

All juices are vegan and wheat free

THE CURE: Apple, cucumber, kale, lemon, mint
COMMUNITY IMMUNITY: Carrot, celery, orange, turmeric, ginger
GOOD GUT: Carrot, apple, beet, ginger
GREEN ENERGY: Cucumber, celery, kale, parsley, lemon, ginger

Create Your Own Juice

Choose any combination of:



Fresh Smoothies

All smoothies are wheat free

COMMUNITY CLASSIC VEGETARIAN
Raspberries, banana, yogurt, orange juice

BLUE DEMON VEGAN
Blueberry, banana, hemp seed, spirulina, unsweetened almond milk

GREEN GODDESS VEGAN
Kale, avocado, raspberry, parsley, brown flax, orange juice

PINA COLADA VEGAN
Banana, turmeric, ginger, pineapple, coconut beverage

THE BUZZ KETO & VEGAN
Coffee, avocado, mct oil, cocoa powder, cinnamon, unsweetened almond milk

BOOSTERS AND AD ONS AVAILABLE FOR JUICE AND SMOOTHIES

Super Drinks

FAT COFFEE
Organic MCT and Grass-fed Butter

BEET LATTE
Caffeine free blend with beet, cinnamon, ginger and clove

MATCHA LATTE
Stone ground Matcha blended with superfoods

TURMERIC LATTE
Caffeine free Golden Mylk with super spice blend

CHAGA CHAI
Caffeine free house made Chai blend with Chaga Mushrooms

Hot Beverages

Americano 12/16 oz
Cappuccino 12/16 oz
Café Mocha 12/16 oz
Caffe Latte 12/16 oz
Hot Chocolate 12 oz
Steeped Tea 12/16 oz
ALL Coffee Drinks can be 'ICED'

Extra Espresso Shot
Drip Coffee 16 oz

*Oat Milk, Almond Milk & Coconut Beverage available at no extra charge
*All beverages available over ice

Salads & Power Bowls

CNF Cobb Salad
mixed greens, roasted chicken, bacon, egg, cherry tomatoes, red onions, mozzarella, hemp seeds, blue cheese ranch dressing

Cheeseburger Chop
mixed greens, beef patty, bacon, pickle, red onions, aged-white cheddar, CNF Sauce

Veg Head Salad VEGAN
mixed greens, black olives, cucumber, red onion, cherry tomatoes, mixed peppers, roasted chickpeas, red quinoa, pumpkin seeds, nurtional yeast, perserved lemon dressing

Bleu & Green Salad VEGETARIAN
mixed greens, red cabbage, carrot, roasted yams, corn, peas, almonds, blue cheese, balsamic dressing

Greens & Grain Salad
mixed greens, roasted buckwheat, shredded beets, roasted beets, mixed peppers, peas, cucumber, pumpkin seeds, miso dressing

Brown Rice Bowl
brown rice, red cabbage, cucumber, carrot, red onion, egg, almonds, cilantro, miso dressing

Red Quinoa Bowl
red quinoa, avocado, arugula, cucumbers, red onion, cherry tomatoes, hemp seeds, pumpkin seeds, shredded beets, blue cheese ranch dressing

Kasha Bowl
roasted buckwheat, roasted yams, roasted beets, corn, red onion, carrot, mixed peppers, feta, roasted chickpeas, perserved lemon dressing

Build Your Own Salad

Pizza 12”

All pizza’s have a wheat free option

Verde Salsiccia
crushed tomatoes, italian sausage, rapini, mozzarella, chili flakes

Margarita VEGETARIAN
crushed tomatoes, boccocini, basil

Pepperoni
crushed tomatoes, buffalo pepperoni, mozzarella

Patata Forno
garlic cream sauce, potato, bacon, green onions, mozzarella

Prosciutto Dolce
garlic cream sauce, dried figs, pine nuts, prosciutto, arugula, balsamic glaze, mozzarella

Quattro Stagioni VEGETARIAN
crushed tomatoes, mushrooms, artichokes, black olives, rapini, arugula, mozzarella

Il Porco
crushed tomatoes, italian sausage, bacon, proscuitto, mozzarella, chili flakes, maple drizzle

Paninis

Roasted Yam VEGAN
sourdough, roasted yams, red onions, mixed peppers, spinach, vegan cheddar, grainy mustard aioli

Grilled Cheese VEGETARIAN
sourdough, swiss cheese, provolone, white cheddar, olive salad spread

Philly Cheese Steak Wrap
whole wheat wrap, marinated sliced beef, aged cheddar, sauted mixed peppers, red onion, pickles, horseradish aioli

Cubano
sourdough, sliced ham, roasted pork, swiss cheese, dill pickles, yellow mustard

Roasted Red Pepper & Chicken
sourdough, roasted chicken, roasted red peppers, swiss cheese, red onions, spinach and basil aioli

Mediterrean Roasted Cauliflower Wrap VEGETARIAN
whole wheat wrap, roasted cauliflower, smashed falafel, roasted red peppers, hummus, spinach, tahini

Tofu Scramble Wrap VEGAN
whole wheat wrap, roasted potatoes, black beans, scrambled tofu, red onions, mixed peppers, vegan cheddar

Denver Omelette English Muffin
english muffin, egg, turkey bacon, mixed peppers, red onion, cheddar cheese

Soups & Sides

Hearty Chicken Vegetable Soup WHEAT FREE
Soup De Jour VEGETARIAN
French Fries WHEAT FREE, VEGAN
Bubbie's Pickles WHEAT FREE, VEGAN, KETO

Burgers

Keto Surprise KETO
Egg, bacon, avocado, white cheddar, CNF sauce

West Side KETO
Avocado, arugula, tomato, red onion, white cheddar, CNF sauce

CNF Double Double KETO
Bacon, white cheddar, CNF sauce

Extremist
Blue cheese, jalapeno, BBQ chips, CNF sauce

The Basic KETO
Lettuce, tomato, pickle, red onion, CNF sauce

Build Your Own Burger :
Free Range Turkey Burger: WHEAT FREE, KETO
Grassfed Beef Burger: WHEAT FREE, KETO
"Know Meat Burger": WHEAT FREE, VEGAN
TMRW Foods Burger: VEGAN

All Burgers can be Wheat Free based on bun choice. West Side and Basic can be vegan, based on Patty Choice and cheese substitution.

Burrito & Burrito Bowls

Bean Burrito VEGAN
Mole Pinto Beans, Tortilla Wrap & Your Choice of Vegetables & Sauce

Beef Burrito
Grass-fed Beef, Tortilla Wrap & Your Choice of Vegetables & Sauce

Chicken Burrito
Slow Cooked Chicken, Tortilla Wrap & Your Choice of Vegetables & Salsa

Bean Burrito Bowl VEGAN
Mole Pinto Beans & Your Choice of Vegetables & Salsa

Beef Burrito Bowl WHEAT FREE
Grass-fed Beef & Your Choice of Vegetables & Salsa

Chicken Burrito Bowl WHEAT FREE
Slow Cooked Chicken & Your Choice of Vegetables & Salsa